

# TRAVEL PREPARATION TIMELINE

## 5-7 Days Before

- Purchase Non-Perishable Home and Trip Snacks and Food (As well as Pet Food)
  - Bottled Waters, Crackers, Boxed Items, Protein Powders
- Complete All Hair Salon Appointments (Hair cuts, Coloring, Extensions, etc)
- Start Laundry for Others: Kids/Spouse; Pick Up Dry Cleaning/Alterations.
- Order ALL Items Needed from Amazon, Online Store or Box Store so that shipment arrives at least **TWO** days before trip departure.
- Purchase anything you need to get your house in order (cleaning supplies, paper towels, toilet paper, laundry detergent).
- Get oil changed + any other car maintenance.

## 3 Days Before

- Go to Post Office/Ship Packages. (If you still write checks for bills, send NOW.)
- Drop off Amazon/Store Returns.
- Choose 3 “Main” Items to Clean: Toilet, Kitchen Sink, Bath Tub, etc.
- Start Laundry for Yourself.
- Lay Out Clean PJs, Undergarments, Outfit for **RETURN**
- Complete Nail Salon Appointment (if applicable).

## 2 Days Before

- Change the Sheets on your Bed.
- Make a Casserole for the “Day-Before” Dinner.
- Purchase Perishables for Trip.
- Vacuum Out Car/Get Car Washed.
- Finish **ALL** work. Finish **ALL** Laundry.
- Download New Music. Create New Playlist. Find New Podcasts/Audible Books.

## 1 Day Before

\*\*\* NEVER plan work on this day. THIS day should use up one of your vacation days. \*\*\*

- Fill Up Gas Tank.
- Check in for your Flight.
- Visit a Friend or Family Member (who is NOT going)
- **RELAX** – Get a massage, take a nap, meditate, etc.